



Troy Parks and Recreation

Friendship Club

For persons 13 and up unless otherwise specified.

Activities are held at the Troy Community Center, 3179 Livernois, Troy MI 48083, (248) 524-3484, unless otherwise noted.

Staff will try their best to meet everyone's needs, but if behavior problems persist,
you will be asked to provide an aide or to withdraw from the activity.



September/October 2008

DEAR PARENTS & FRIENDSHIP CLUB MEMBERS:

Welcome Fall!!! Please note the changes below:

- **SATURDAY BOWLING BEGINS SEPTEMBER 6**
- **FRIDAY FROLIC WILL RETURN ON SEPTEMBER 12**
- Our two Softball Teams did very well this year and had a great turn out for their picnic on July 31st. Basketball sign up begins now. Join Courtney Dalley for another exciting season of basketball fun on Tuesday evenings at the Community Center. Look for more information in this newsletter.
- **A SECOND DAY OF THE DAYTIME GROUP IS NOW BEING OFFERED ON TUESDAYS AT THE TROY COMMUNITY CENTER** Register for Activity # 135306 (A-Sept., B-Oct., C-Nov., D-Dec., E-Jan., F-Feb., G-Mar., H-Apr., J-May, K-June) See more information later in this newsletter.
- **FRIENDSHIP CLUB REGISTRATION FORMS** were mailed out with the July/August newsletter as well as with the Sept/Oct newsletter. If you have not yet updated your Friendship Club membership form do so today. Drop it off or mail it to the Community Center and we will send you a new Friendship Club membership card. You must show this membership card when attending all activities.
- **NEW OPTIONAL PUNCHCARD SYSTEM!!!!**
Punch Card Now Available for purchase!!!! This can be used to pay for all activities that are \$4.00. Includes Movie and Pizza, Karaoke and Dancing, Friday Frolic, Bingo. Purchase a punch card at the front desk for \$40 and it is good for admission into ten \$4.00 events. There is no refund for lost or stolen cards, so you must be careful not to lose your punch card once you purchase it. Write your name and phone number on the back in case you misplace it. This card can be purchased with cash, check or credit card (mastercard or visa) at the front desk at the Community Center.

For the safety of your participant, **PLEASE DO NOT DROP PARTICIPANTS OFF EARLY FOR AN EVENT AND LEAVE. THE PARKS AND RECREATION FRONT DESK STAFF ARE NOT RESPONSIBLE!!**

Thanks for your cooperation!
Elaine Torvinen

SEPTEMBER

MONDAY, Sept. 1 - DINERS CLUB

No Diner's Club Due to Labor Day Holiday

MONDAY, Sept. 8 - MOVIE AND PIZZA

Join us for a movie and pizza snack at the Community Center.

The movie for this month will be Nim's Island.

Time: 6:30-8:30 pm

Aides may purchase pizza \$1.00/slice. Please tell staff

Location: Troy Community Center

of slices you would like to order when you check in.

Cost: \$4.00 (includes movie, drink, and a pizza snack). **NO PRE-REGISTRATION REQUIRED**

FRIDAY, Sept. 12 - FRIDAY FROLIC –This dance is for persons 16 and up. Join us and bring a friend!!!

Reservations are not required.

Time: 7:00 - 9:30pm

Location: Troy Community Center

Cost: \$4.00 **NO PRE-REGISTRATION REQUIRED**

NEW

MONDAY, Sept. 15 KARAOKE AND DANCING

Pop and chips will be served while fun will be had singing along with the latest and greatest artists. Feel free to dance along. Bring your favorite CD if you want to sing.

Time: 7:00 - 8:30pm

Location: Troy Community Center

Aides may purchase pop and chips for \$1.00

Cost: \$4.00 **NO PRE REGISTRATION REQUIRED**

MONDAY, Sept. 22- BINGO NIGHT

Prizes will be given to the winners, and we will break for refreshments.

Time: 7-8:30 pm

Location: Troy Community Center

Aides may purchase pop and chips for \$1.00

Cost: \$4.00 **NO PRE-REGISTRATION REQUIRED**

OCTOBER

MONDAY, Oct. 6 - DINERS CLUB **Please register by Friday prior to event.**

The restaurant this month will be at Kim's 102 E. Long Lake Rd SE corner of Livernois Troy, MI 48098
248-524-9207

Activity # 135308C riding in Troy Vans or **135308CC**(own transportation)

Time: 6-8:15 p.m.

Location: **135308C** Meet at Troy Community Center at 6pm.

135308CC meet at the Restaurant at **6:30pm**

Cost: \$22 – includes dinner, beverages, tip, chaperones and transportation from the Community Center.

FRIDAY, Oct. 10 - FRIDAY FROLIC –This dance is for persons 16 and up. Join us and bring a friend!!!

Reservations are not required.

Time: 7:00 - 9:30pm

Location: Troy Community Center

Cost: \$4.00 **NO PRE-REGISTRATION REQUIRED**

MONDAY, Oct. 13 - MOVIE AND PIZZA

Join us for a movie and pizza snack at the Community Center. The movie for this month will be **Sleeping Beauty**.

Time: 6:30-8:30 pm

Aides may purchase pizza \$1.00/slice. Please tell staff

Location: Troy Community Center

of slices you would like to order when you check in.

Cost: \$4.00 (includes movie, drink, and a pizza snack). **NO PRE-REGISTRATION REQUIRED**



MONDAY, Oct. 20 KARAOKE AND DANCING

Pop and chips will be served while fun will be had singing along with the latest and greatest artists. Feel free to dance along. Bring your favorite CD if you want to sing.

Time: 7:00 - 8:30pm

Location: Troy Community Center

Aides may purchase pop and chips for \$1.00

Cost: \$4.00 **NO PRE REGISTRATION REQUIRED**

MONDAY, Oct. 27 - BINGO NIGHT

Prizes will be given to the winners, and we will break for refreshments.

Time: 7-8:30 pm

Location: Troy Community Center

Aides may purchase pop and chips for \$1.00

Cost: \$4.00 **NO PRE-REGISTRATION REQUIRED**

DAYTIME FRIENDSHIP CLUB

This camp for ages 18 and older meets every Tuesday and Thursday from 10 am to 3 pm (except holidays as noted) at the Troy Community Center with many fun activities brought to you by Kathy Martin and staff. Activities will be revised based on your requests, and we are always open to your suggestions.

The fee is \$68 per month for 1 day or \$136 for both days **per month for July 2008- June 2009. Pre-registration is required and you must register for the entire month. Register early!!! Space is limited. If you wait until the first day of the month to register the program may be filled.** You can

register now for any month through June of 2009. Please let us know if you have any questions. You can call Elaine Torvinen at the Community Center 248-524-3484 or email E.Torvinen@troymi.gov.

We ask that interested new participants attend with a family or staff member on a Tuesday or Thursday prior to registering to check out the program and give staff time to ask questions to ascertain the needs of the participant. This will also give ample time for all necessary paperwork to be completed before enrolling.

Thanks for your cooperation.

The activity numbers for the 2008-2009 season are as follows:

Tuesdays

September (135306A)	January (135306E)	May (135306J)
October (135306B)	February (135306F)	June (135306K)
November (135306C)	March (135306G)	
December (135306D)	April (135306H)	

Thursdays

July (135305A)	November (135305E) No meeting Nov. 27	March (135305J)
August (135305B)	December (135305F) No meeting Dec. 25	April (135305K)
September (135305C)	January (135305G)	May (135305L)
October (135305D)	February (135305H)	June (135305M)

Daytime Friendship Club Proposed Schedule

Morning - Current events & Gym

Lunch – Please refer to the monthly schedule for lunch plans. One week, we will go out for lunch. One week we provide pizza and salad. The other weeks participants bring their own sack lunch.

Afternoon - The activities planned for the afternoon include walks outside, dancing, movies, games, service projects, crafts, birthday parties, swimming, playing pool, ping pong and more!!!

Staff will try their best to meet everyone's needs, but if **personal daily living needs or behavior problems persist** we will ask you to provide an aide or withdraw from the program. **Aides are not required to pay the \$68 fee but must pay for meals, admission fees for field trips and other incidentals. Please come prepared to pay the appropriate fee. A receipt can be issued for reimbursement purposes.**

A 25% subsidy is available to low-income Troy residents who meet the following guidelines: 1 person household - annual income of \$24,450 or less; 2 person household - annual income of \$27,950 or less; 3 person household - annual income of \$31,450 or less. Please call 248-524-3484 for information on larger household sizes. Applicants for financial aid must fill out a confidential application and submit it at the time of registration. Please call 248-524-3484 and we will mail an application to you.

Transportation for Troy residents may be available through Troy Medi-Go Plus. Call 248-457-1100 for reservation information. There is no charge for Medi-Go, but donations are accepted.

MY CHANCE TO DANCE

Winner of the 2002 Governor's Amateur Athletic Event Award, this dance/exercise program presented by C.C. Plus includes circle dances, party dances, line dances, fun music and great exercise. The program is specially choreographed to avoid failure and build on success! Wheelchairs and walkers welcome!! **Payment should be made to the instructor at class.** The fee is \$5 per class for drop-in students or \$35 for eight classes paid in advance. No class November 27, and December 25 and Jan. 1. ATTN MORC Clients: Ask your supports coordinator how you can attend this class for FREE!

Day	Time	Location	Begins	Ends
Thursday	7-8 p.m.	Big Beaver Church 3753 John R	Sept. 4	April 30

BASKETBALL

Register now for the 10-week fall and winter basketball sessions. Participants will be divided in to four teams. Join coach Courtney Dalley for a fun season! The four teams will practice together for the first few weeks and then play against each other and have playoffs. On the first day of basketball, a more detailed letter will be passed out.

Act. #	Day	Time	Location	Fee	Begins	Ends
145343C	Tuesday	6:30-8:30pm	Community Center	\$52	Sept. 9	Nov. 11
145343D	Tuesday	6:30-8:30pm	Community Center	\$52	Jan. 6	Mar. 10



Special Olympics
Michigan
Oakland County

Team Troy Special Olympics Parent's Page

(248) 524-3484 3179 Livernois Troy, MI 48083

Anyone needing information regarding health forms can contact the Special Olympics office at (586) 731-0922.

ON GOING EVENTS

Basketball	Tuesday evenings fall and winter at the Troy Community Center for persons with developmental disabilities. Pre-registration is required. Minimum age: 16.
Bowling	Saturdays (except holiday weekends and July and August) from 11 a.m - 1 p.m. at Troy Lanes (Square Lake west of John R). <u>\$5 per week includes shoes and three games.</u> Drop-in. Minimum age: 10.
Daytime Friendship Club	Meets at the Community Center every Thursday from 10 a.m. – 3 p.m.(July to June) Activities include sports, field trips, movies, games and more. Beginning Sept. 2008 will offer second day on Tuesdays. \$68 month for 1 day or \$136 for both days. <u>Pre-registration is required.</u> Minimum age: 18.
Diners Club	Meet at the Community Center on the first Monday of each month and travel by van to a local restaurant for dinner. <u>Pre-registration is required by the Friday prior to event.</u> Minimum age: 16.
Friendship Club	For teens and adults with developmental disabilities, this club meets on the second, third and fourth Monday evening at the Troy Community Center. The second Monday is Movie and Pizza night, third Monday is Karaoke and Dancing, and the fourth Monday is Bingo night. Reservations are not required. Minimum age: 13.
Friday Frolic	This dance for teens and adults with developmental disabilities is held on the second Friday of each month (except July and August) at the Troy Community Center from 7 – 9:30 p.m. The fee is \$4 at the door. Reservations are not required. Minimum age: 16.
My Chance to Dance	Thursday evenings from 7-8pm at the Big Beaver United Methodist Church September – April. Minimum age 13. More information in September newsletter.
Performing Arts Club	For teens and young adults with developmental disabilities. Wednesdays (except the 3 rd Wed.) from 7-9 pm at the Troy Community Center. A donation of \$2 per week is requested. Co-sponsored by the Italian Study Group of Troy. For more information, call Denise at 248-585-5246. Minimum age: 16.
Soccer League	Spring and fall soccer is offered by the Troy Youth Soccer Ability League for physically and developmentally disabled ages five through 26. Teams are formed by age and ability. Call TYSA 248-524-0170 for information.
Softball	A Thursday evening league for teens and adults with developmental disabilities plays against other cities in Oakland County May through August. Practices are held on Tuesday evenings. Pre-registration required. Minimum age: 16.
Special Events	Countywide special events are offered by Oakland County Parks for people with cognitive and physical impairments. Call (248) 858-7596 to receive the Oakland County Parks newsletter.
Special Olympics	Team Troy Special Olympics participates in swimming, track and field, and golf. Watch for information in this newsletter. Minimum age: 8.
Weight Watchers	Thursdays at 6:15 pm at the Troy Community Center. The fee is .50 per week plus a \$1 initiation fee. Braille is available. Persons accompanying a program participant may participant for the same fee. Cosponsored by the ARC. Call Sharon Connelly at 248-816-1900 for details. Minimum age 13.
Wheelchair Sports	For men and women 18 and older with physical disabilities. Friday evenings at Boulan Middle School, September through March. Call Oakland County Parks at 248-858-7596 for details.

MAIL-IN REGISTRATION FORM

All patron requested refunds are subject to a \$10 cancellation fee.

RELEASE OF LIABILITY: I hereby voluntarily release and hold harmless the City of Troy and the Troy School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Name of Participant: _____ **Activity #(s):** _____

Address: _____ **Phone:** _____

Signed: _____ **Date:** _____

ENCLOSE REGISTRATION FEE (checks payable to: City of Troy) along with this waiver form and mail to:

Troy Parks and Recreation
3179 Livernois, Troy, MI 48083.

To register online, go to www.ci.troy.mi.us and click on the Parks and Rec Registration button on the home page. Enter your household number for username (find this number near the bottom left side of previous receipt or call 248-524-3484) and the last name of head of household for password. On the next screen, click on SHOP and then ACTIVITY ENROLLMENT. You can only register people in your own household.

Troy Daze Dance and Pizza Party

Thursday, September 11, 2008 at Boulan Park

**Help us Celebrate Troy Daze's 40th Birthday
with Delicious Food, Great Music, and Fun Rides!**

Cost: \$4 per person

Registration: 6-7 pm

Food: 6:15 - 7:30 pm

Music: 6:30 - 8:30 pm

Rides: 6-9 pm

Music by "Don't Mind Us."

FREE T-shirt to the first 200 participants at the event!

Celebrate the kick-off of Troy Daze's 40th Birthday with pizza, cake, great music, and fantastic amusement rides (not all rides included). Free T-shirts are available for the first 200 participants at the event (staff and chaperones not included).

Register at the Troy Community Center by Monday, September 8 at 10 pm by using Activity #145313G. Please be advised that chaperones must pay \$4 fee.

Also, parking stickers are \$6 if purchased in advance of the event at the Community Center. Stickers sold at Troy Daze will be \$10. Parking stickers are good for the length of the festival.

Parking stickers are not needed for those who are being dropped off. Participants can be dropped off at a drop-off point on Northfield Parkway, South of Wattles Road; volunteers will direct you. A shuttle service will be provided at this point and take participants to the Entertainment Tent, where this event will be held.

September 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 LABOR DAY No Diner's Club	2 Friendship Club 10am-3pm	3 Performing Arts 7:00pm	4 Friendship Club 10am-3pm W. Watchers 6:15	5	6 Bowling returns 11a-1p Welcome back!
7	8 Movie and Pizza 6:30pm-8:30pm	9 Friendship Club 10am-3pm Basketball 6:30-8:30pm	10 Performing Arts 7:00pm	11 Friendship Club 10am-3pm W. Watchers 6:15 TROY DAZE Dance 6-9pm	12 Friday Frolic 7-9:30pm	13 Bowling 11a-1p
14	15 Karaoke and Dancing 7-8:30pm	16 Friendship Club 10am-3pm Basketball 6:30-8:30pm	17	18 Friendship Club 10am-3pm W. Watchers 6:15	19	20 Bowling 11a-1p
21	22 Bingo 7pm-8:30pm	23 Friendship Club 10am-3pm Basketball 6:30-8:30pm	24 Performing Arts 7:00pm	25 Friendship Club 10am-3pm W. Watchers 6:15	26	27 Bowling 11a-1p
28	29	30 Friendship Club 10am-3pm Basketball 6:30-8:30pm				

October 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Performing Arts 7:00pm	2 Friendship Club 10am-3pm W. Watchers 6:15	3	4 Bowling 11a-1p
5	6 Diner's Club 6-8:15pm	7 Friendship Club 10am-3pm Basketball 6:30-8:30pm	8 Performing Arts 7:00pm	9 Friendship Club 10am-3pm W. Watchers 6:15	10 Friday Frolic 7-9:30pm Dress up in Costume!!!	11 Bowling 11a-1p
12	13 Movie and Pizza 6:30pm-8:30pm	14 Friendship Club 10am-3pm Basketball 6:30-8:30pm	15	16 Friendship Club 10am-3pm W. Watchers 6:15	17	18 Bowling 11a-1p
19	20 Karaoke and Dancing 7-8:30pm	21 Friendship Club 10am-3pm Basketball 6:30-8:30pm	22 Performing Arts 7:00pm	23 Friendship Club 10am-3pm W. Watchers 6:15	24	25 Bowling 11a-1p Come in costume!
26	27 Halloween Bingo 7pm-8:30pm	28 Friendship Club 10am-3pm Basketball 6:30-8:30pm	29 Performing Arts 7:00pm	30 Friendship Club 10am-3pm W. Watchers 6:15	31	

